

# Hart to Heart Ministries

## Christian Training Center

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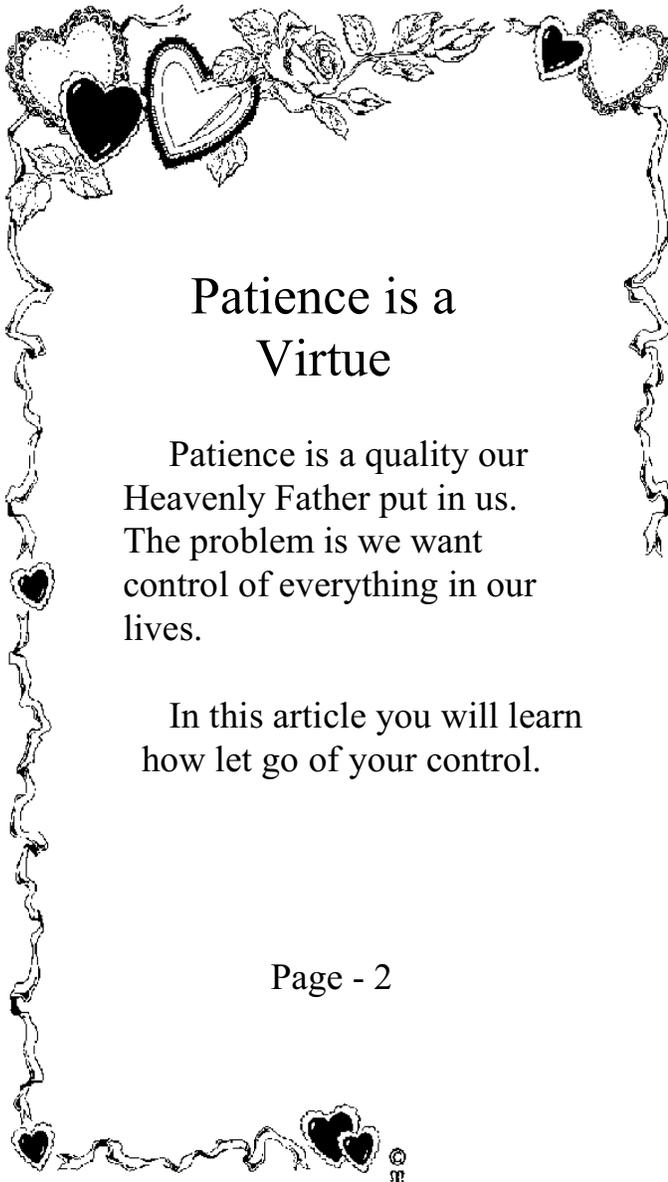
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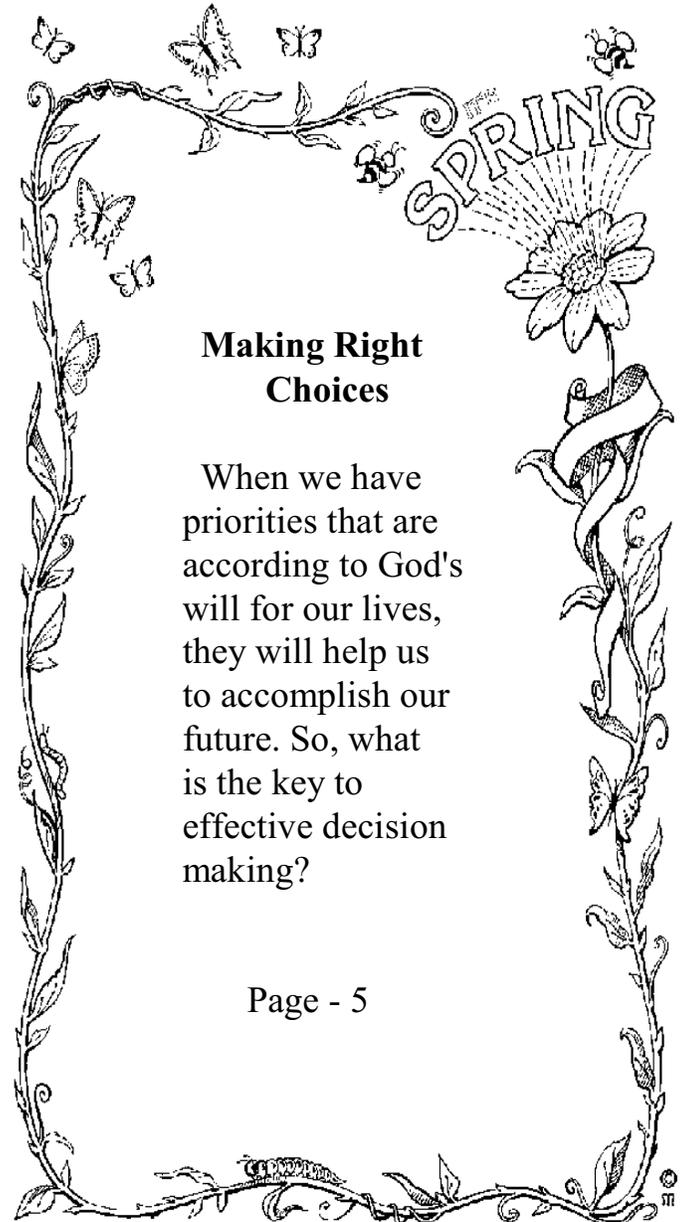


### Patience is a Virtue

Patience is a quality our Heavenly Father put in us. The problem is we want control of everything in our lives.

In this article you will learn how let go of your control.

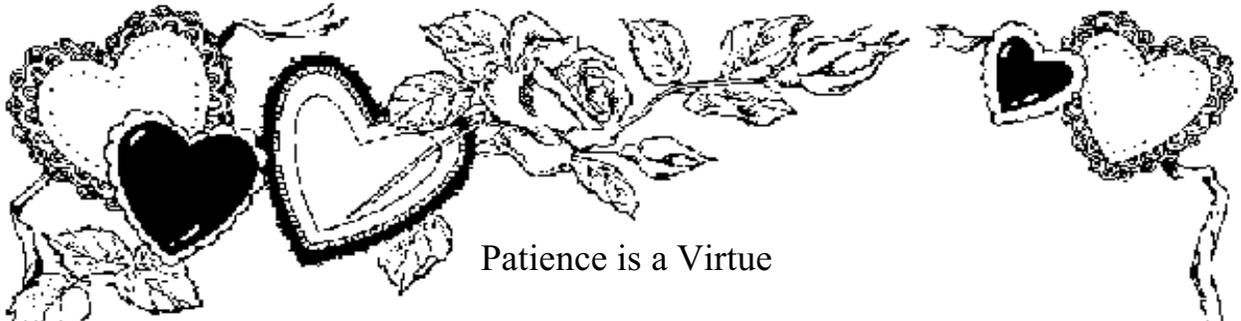
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### Making Right Choices

When we have priorities that are according to God's will for our lives, they will help us to accomplish our future. So, what is the key to effective decision making?

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## Patience is a Virtue

The dictionary defines patience as; the will or ability to wait, or endure without complaint. It is steadiness, endurance, or perseverance in performing a task. It implies the bearing of suffering, delay, tediousness with calmness and self-control is the capacity to bear suffering, or hardship. Fortitude is the endurance that results from firm, sustained courage. So are you patient?

Galatians 5:22 - The fruit of the Spirit is, love, joy, peace, patience, (longsuffering) kindness, goodness, faithfulness, gentleness and self-control.

We like the love and joy, and we are happy to acknowledge those qualities that are ours due to the Holy Spirit living within us. He is all of those attributes. But in order for us to allow them to work through our lives, we have to surrender all of self and allow the Holy Spirit to shine through us.

You can't take credit if you have peace. It is the peace of the Holy Spirit within you and He has nurtured it within you so it manifests on the outside of you.

"Oh, I'm just a peaceful person. Nothing causes me to waver." Wonderful, but how did you get to that place of no concern and not wavering? Most likely it was because you spent time in His Presence and allowed Him to get rid of your self junk. They call that, "Junk in the trunk."

You are a treasure chest and you have so much good inside of you. Each one has a different quality, but each one has the responsibility to allow the Holy Spirit to take over and allow His peace to come to the surface. Until you release your own feelings, your worry, concern, and control, you will never have His Peace manifested in you.

Bad things happen to all of us, but the difference is what we do, or how we handle each situation.

I'm a "Now" kind of person. When there is something that needs to be done, I want to get at it and get it done. That way, it is off my plate and I am free to go on to the next thing. Too much on anyone's plate can cause it to get very heavy and too heavy to carry around. We would want someone to hold onto it for a little bit of a break.



That's why Jesus told us to cast our cares upon Him, because He cares for us. I Peter 5:7

A **burden** is defined as a heavy load on a person, overload. Jesus tells us to take up our cross and follow Him. It can become a heavy thing. When we let go of something very heavy we have been carrying around a long time, but Jesus says, "It's ok, you can make it, just follow Me."

A **care** is sorrow, affliction, anguish, grief heartache, heartbreak, stress, tension, anxiety concern or worry.

That's inside torment. We must learn to release it, cast it upon Jesus. If we hold on to it we cannot function the way God intends us to. We cannot be Christ-like, because Jesus would never hold onto an offense or worry. He went to His Father and left it with Him.

When He was in the garden of Gethsemane He was so full of anguish that He sweat great drops of blood. But when He left that concern, or anxiety with His Father, He was able to go through the death He suffered on the cross.

None of us will ever suffer what He did because He did it for us, instead of our having to go through that. He loves and cares for us. He is telling us to allow the Holy Spirit to have freedom within us, so we can let go of self and walk in the Fruit of the Holy Spirit.

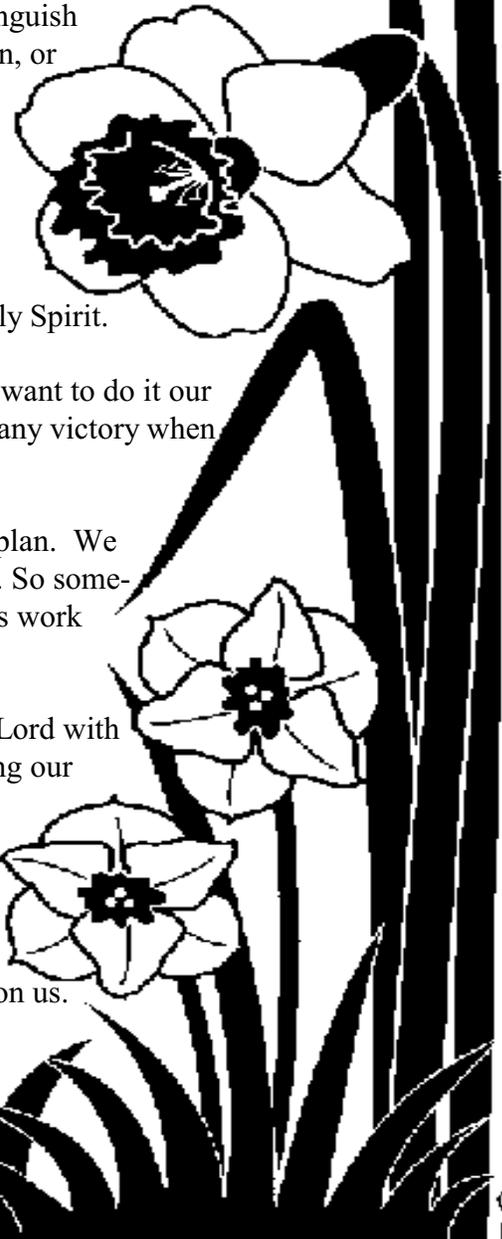
Patience is so hard! Most likely because we want control. We want to do it our way and in our time. Stop and realize it isn't going to bring you any victory when you try to do things your own way.

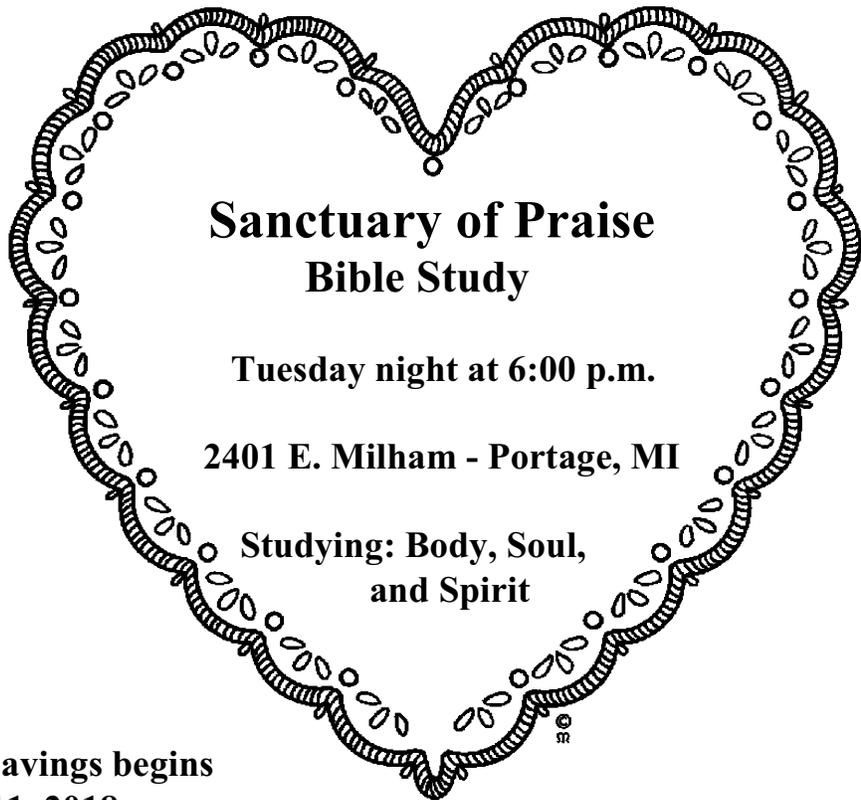
Not everything makes sense either. But we must trust in God's plan. We need to have the attitude that we know God is directing our steps. So somehow we need to come to the place where we know He will always work out our situations to our advantage.

It's time to just trust the Lord. Let go of self and grab onto the Lord with both hands. We have to be happy now and believe God is directing our steps. It's not a surprise to God what you are dealing with. It's all about your patience to wait on God and have trust in Him.

Our patient endurance is only for a specified season. All things change and our inward man is renewed ( changed ). We are not who we used to be before this day of patience came upon us. You will walk in such confidence in your life. You will have peace in the midst of your storm.

**Patience is a virtue** or quality God has put within us. He wants to see it on the outside.





**Daylight Savings begins  
March 11, 2018**



**\* I've learned that if you're going to pray about something, why worry? If you are going to worry, why pray?**

**\* Notice: Tonight's zoning board hearing on Noah's construction project has been postponed because of rain.**

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#### **He is in Control**

**There is so much going on in the world. If we allow ourselves to worry about it all, we will not be casting our cares upon the Lord.**

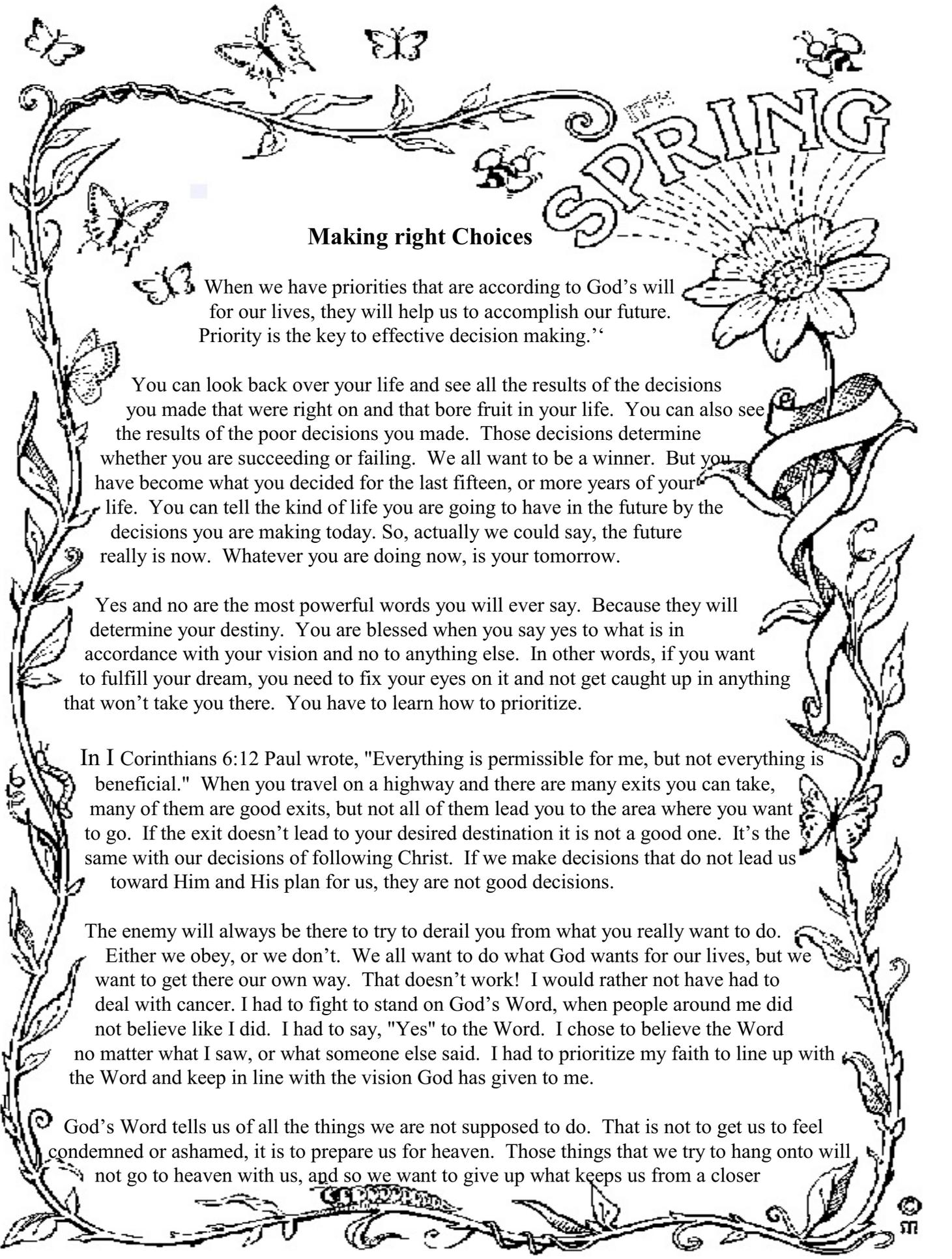
**We have to trust Him enough to know He is still in control and He knows the end from the beginning. He has the perfect plan. Our job is to pray and trust in Him to work out all the details. After all, He loves everyone no matter what they do.**

**He also has the perfect date all set for each part of our lives. Trust is such a major part of our walk with the Lord. Without trust we will get all fussy and try to do things ourselves. It will not work. We can't fix whatever it is we think is wrong.**

**God is able to do anything. He can change anything, or anyone. Put it all in His capable hands and leave your doubts, fears, and worries in His care.**

**He is a loving God! After all, "Father knows best!"**

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# SPRING

## Making right Choices

When we have priorities that are according to God's will for our lives, they will help us to accomplish our future. Priority is the key to effective decision making."

You can look back over your life and see all the results of the decisions you made that were right on and that bore fruit in your life. You can also see the results of the poor decisions you made. Those decisions determine whether you are succeeding or failing. We all want to be a winner. But you have become what you decided for the last fifteen, or more years of your life. You can tell the kind of life you are going to have in the future by the decisions you are making today. So, actually we could say, the future really is now. Whatever you are doing now, is your tomorrow.

Yes and no are the most powerful words you will ever say. Because they will determine your destiny. You are blessed when you say yes to what is in accordance with your vision and no to anything else. In other words, if you want to fulfill your dream, you need to fix your eyes on it and not get caught up in anything that won't take you there. You have to learn how to prioritize.

In I Corinthians 6:12 Paul wrote, "Everything is permissible for me, but not everything is beneficial." When you travel on a highway and there are many exits you can take, many of them are good exits, but not all of them lead you to the area where you want to go. If the exit doesn't lead to your desired destination it is not a good one. It's the same with our decisions of following Christ. If we make decisions that do not lead us toward Him and His plan for us, they are not good decisions.

The enemy will always be there to try to derail you from what you really want to do.

Either we obey, or we don't. We all want to do what God wants for our lives, but we want to get there our own way. That doesn't work! I would rather not have had to deal with cancer. I had to fight to stand on God's Word, when people around me did not believe like I did. I had to say, "Yes" to the Word. I chose to believe the Word no matter what I saw, or what someone else said. I had to prioritize my faith to line up with the Word and keep in line with the vision God has given to me.

God's Word tells us of all the things we are not supposed to do. That is not to get us to feel condemned or ashamed, it is to prepare us for heaven. Those things that we try to hang onto will not go to heaven with us, and so we want to give up what keeps us from a closer

relationship with God! When we do, we are so blessed. God is always with us just waiting to bless us, not to clobber us. He wants you to be in love with Him enough so you let go of those things that cause trouble or harm for you. That is the end result.

Remember, the enemy will try to use whatever he can to tear you down or to bring calamity on you. Well, I'm here to tell you he can't do that unless **you** let him. He was defeated at the cross and he is still defeated today. We are not under any curse. How dare the devil make you think you are being cursed. That's a lie because God said in His Word that Christ became a curse for us. The day you received Jesus, you were set free. **Say, "I am free!" "Everything in the Word belongs to me!"**

What is distracting you from getting closer to the Lord? Not your sin! He doesn't even see your sin, because when you received Jesus, you were covered with the Blood of Jesus. Now when God looks at you all He sees is your robe of righteousness. **Your mind is what keeps you from getting closer to the Lord.** The enemy has made you think you are too bad to receive anything from the Lord and that you will never have a great connection with Him to hear what you are supposed to do.

Satan is a liar! Those thoughts are all in your mind. Begin to think right and you will do right. Be a Dudley-do-right. Be free to expect from Him and know your sin is under the Blood of Jesus and that God loves you so much. You can make it. Just don't let others distract you from going where you want to go with Jesus.

Our greatest challenge is not in choosing between good or bad, but between good and best. Many people have their own ideas about what they

want to do for Jesus. And that's why they keep drifting off in the wrong direction. We can become preoccupied in doing the things for God rather than doing what God has specifically told us to do.

It's becoming closer to Spring time when everyone wants to be outside and enjoy all the benefits. We like to swim, boat, fish, go to the park and spend time away from home. That's ok, but don't choose to do it on a Sunday morning. That's when you need to be refueled for the whole week. Your spirit man needs to be fed the Word of God and hear the Word of God. The Word tells us not to forsake the assembling of Christians. We need to talk to each other and encourage one another. What someone else has been through might be able to help you get through your situation.

We live in a part of the country where the seasons are so wonderful, but don't allow the seasons to keep you from the seasons the Lord has for you either. He is why we are alive and He has wonderful things for you. Rely on Him during your tough seasons and see how good He is. Read the Word and know Him better. He loves you so much and has many blessings for you.

Have a great time of changing from one season to another! Trust the Lord and it will all be great. Joy and peace will reign in your life. Look for the promises of His Word just like we look for the first promise of the daffodils or crocus in the Spring.

Remember, that nothing is too difficult for the Lord!





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Christian Training Center  
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## Sanctuary of Praise

EXTENDS AN INVITATION  
TO WORSHIP AND  
CELEBRATE  
JESUS

SUNDAYS - 10:00 A.M.

Rev. Joan Hart  
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Sponsored by:

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*Christ Jesus*  
O U R L O R D .

ROMANS 6:23, NIV